



VOLUNTEER OPPORTUNITIES

ICU baby would like to thank you for your interest in volunteer opportunities with our organization. Your gift of volunteer hours will impact our community's families as they journey with their baby through weeks and sometimes months in the NICU. Please review the volunteer options below to consider what best suits you.

PACK-A-PACK (Suitable for up to 20 Volunteers)

ICU baby presents its signature NICU Packs to all families whose baby has an expected stay in the NICU of 3 weeks or more at South Miami Hospital or Holtz Children's Hospital. This 'Pack' is a tote bag that contains essential items that help the family care for their baby while admitted, such as a NICU journal, dirty and clean laundry bags, a breast milk cooler, etc.

'Pack-a-Pack' is an opportunity for individuals from the community to prepare NICU Packs by gift wrapping and putting the items into the bag. Each 'packer' is asked to write a personal note of encouragement to the family of the NICU baby and it is attached to the outside of the NICU Pack.

The goal of each 'Pack-a-Pack' event is to prepare 50 bags. ICU baby provides all of the materials necessary. This is a great on-site activity as ICU baby can travel to your location and guide this event.

ICU READING TO A NICU BABY (Screenings Required)

ICU baby will kick off a new program in 2018 at South Miami Hospital and Holtz Children's Hospital. Volunteers will read to babies in the NICU. Many parents work or live far from the hospital and are unable to visit their babies often. This is a rewarding way to contribute to the wellbeing of these babies. Research shows reading at this early stage benefits a baby's language development.

Volunteers must have special clearance to enter the NICU to interact directly with the families. Training and screenings conducted by the hospital are required to become an in-hospital ICU baby volunteer.



ICU DELIVERING NICU PACKS (Screenings Required)

ICU baby invites individual's with NICU experience of their own to enter the NICU to deliver its signature NICU Packs and provide parent-to-parent support to NICU families at their baby's bedside. The 'Packs' are presented weekly to all families with babies whose expected NICU stay is three weeks or more at South Miami Hospital or Holtz Children's Hospital. During the visit, volunteers review the contents of the bag with the families and answer any of the families questions, serving as a critical resource for them

Delivering ICU baby's 'Packs' allow volunteers to present NICU families with a gift from the community and to offer bedside support during a very challenging time. During the NICU visit, volunteers will also deliver snacks to all parents who are spending time with their babies in the Unit.

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SUPPER OF SUPPORT (Volunteer and Sponsorship Opportunity)

ICU baby hosts monthly dinners for all families with a baby in the NICU at South Miami Hospital or Holtz Children's Hospital. These dinners are sponsored by local families, companies and restaurants. The meal is served in a conference room in the hospital so that families can briefly leave their baby's side for a warm meal. The Supper often organically turns in to an informal support group as families have the opportunity to speak with other NICU families who are going through a NICU journey of their own.

In-hospital volunteers that would like to assist in serving the meal must have special clearance. Training and screenings conducted by the hospital are required.

ICU HOSTING A DINNER OR COCKTAIL PARTY

ICU baby would like to continue to raise awareness about the programs provided to NICU families and expand its network of generous supporters. ICU baby is a grassroots, non-profit organization that is only able to carry out its projects because of donations by members of the community and corporate sponsors.

Volunteers who host a small, private dinner or cocktail party enable us to share our mission and goals with potential supporters in an intimate setting. These dinner or cocktail parties have the opportunity to be "mini fundraisers" for the organization and will help ICU baby continue to serve struggling NICU families in our community.



Note: One hundred percent of donations made to ICU baby directly fund ongoing projects, as all administrative fees are paid privately.

FUNDRAISING SUPPORT (Suitable for up to 10 Volunteers)

ICU baby relies on private and corporate donations as well as fundraising events for project financing. ICU baby's goal is to have passionate volunteers involved with all of its events. Volunteer assistance with check-in, silent auction tables, raffle sales and event planning are just some of the ways individuals can become involved.